

# CommUNITY Barnet Newsletter



## News from CommUNITY Barnet and the Sector



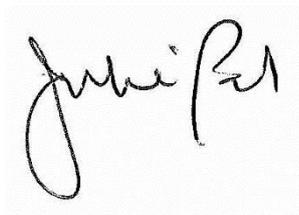
### Introduction and News from our CEO, Julie Pal

I am writing this just after EU Council President Donald Tusk received the Prime Minister's letter formally triggering Article 50 of the Lisbon Treaty to mark Britain's exit from the European Union. An unsettling and pivotal moment in our history which will call on all of us in our sector to continue to remain optimistic, vigilant and resilient to the many changes that could potentially happen.

One of the quieter stories that has emerged has been the House of Lords Select Committee on charities and its important new [Stronger Charities for a Stronger Society report](#) (154 pages). The report recognises the huge contribution our sector makes to Britain, but also that the world is changing rapidly and that there are many ways in which charities need to adapt. A far reaching report with 100 conclusions and 42 recommendations covering governance,

finance and funding (including grant funding and core costs), public service delivery and contracting, digital, volunteering, campaigning and advocacy, and regulation. The latter includes comments on the Charity Commission charging charities for regulation. The committee really has put all the pieces of the puzzle together in the report. I would urge you all to read it – but for those who don't have either the time or the stomach both [NCVO](#) and [ACEVO](#) have published summarised interpretations of the report.

Crowdfunding has been a source of much discussion over the past 10 years and Stonegrove Community Centre will be hosting an event on Tuesday 18th April 6pm click [here](#) for more details. If people are interested in finding out more about crowdfunding CommUNITY Barnet will be hosting a learning event later this year. Keep a look out for the details.



**Do You Know?**



### **Article 50: What Does HR Need to Know and Do?**

On Wednesday 29th March 2017 the UK's Prime Minister, Theresa May, triggered Article 50 of the Lisbon Treaty by serving formal notice of the UK's intention to leave the EU. This will signal the start of the official negotiation period with the EU

on the terms of the UK's exit. For HR practitioners, [our new recommendations on the actions to take](#) now focus on three key areas: risk analysis, recruitment proposition and Brexit management capability. For additional resources and information, please also visit our revamped [Brexit Hub](#).



As well, you can [watch the new video message](#) from Peter Cheese, CIPD Chief Executive, on what the triggering of Article 50 means for organisations and the HR profession, and how we can work together to capture the opportunities and create successful outcomes in this period of transition.

Source: [CIPD](#)



### **New Support Service for Patient and Public Engagement**

CommUNITY Barnet, in collaboration with [Barnet Clinical Commissioning Group \(CCG\)](#), has launched a service to facilitate the development of Patient and Public Engagement (PPE) across the Borough.

#### **What is PPE?**

There are many ways in which patients and the wider public can become engaged in influencing the work of the National Health Service. All are intended to ensure that the voice of the patient is applied to improving the quality of delivery across public health services. Our CCG-funded support service will focus on the work of Patient Participation Groups (PPGs): the means of delivering PPE across GP practices.

#### **How does PPE happen?**

Each GP practice has a contractual obligation to support the creation of an associated PPG, comprising volunteer patients and staff from the practice. Their primary purpose is to enable a representative group of patients to work with practice staff; sharing views and experiences and generating suggestions for improvement. PPGs meet/communicate at face to face meetings or via electronic media. Creating an effective PPG, which empowers patients to have a direct influence upon vital services, requires the active involvement of both practice staff and patients.

### **Already involved in PPE?**

Perhaps you are already involved in PPE as a member of a PPG. Do you have some ideas as to how the new support service can help you and your colleagues? The offer of support is there for both practice staff and patient volunteers.

Visit the Healthwatch Barnet [website](#) for more information.

**Contact:** Robin Charnley

**Email:** [robin.chnarley@communitybarnet.org.uk](mailto:robin.chnarley@communitybarnet.org.uk)

**Tel:** 020 8364 8400 ext: 300



### **Barnet Giving First Grants Announced**

[Barnet Giving](#) is delighted to announce the five local organisations that will receive funding in its first round of grant-making: Aidexcel Support Services, Friends of Barnet Environment Centre, Granville Residents' Association, Whetstone Stray Allottees Association and The Hope of Childs Hill were all successful this week in securing grants between £2,500 - £4,300 for projects that will help hundreds of people across the borough. [Read more.](#)

---



## Barnet Wellbeing Hub is Open for Business!

[Barnet Wellbeing](#) Hub is now up and running at the [Meritage Centre in Hendon](#). The hub is offering personalised support, information & advice, advocacy and many other services. To get in touch telephone **03333 449 088**.

---



## Independent Examination of Financial Accounts

Community Barnet can independently exam all financial accounts of charities with an income of up to £250,000. Contact the team to find out if an Independent Examination is the right route for you.

**Contact:** Keisha Chidziva

**Email:** [keisha.chidziva@communitybarnet.org.uk](mailto:keisha.chidziva@communitybarnet.org.uk)

**Tel:** 020 8364 8400 ext: 234

---



## DBS (Disclosure and Barring Service)

Our friendly team is always on hand and available to support people through their applications should they need that extra support. If you have any further questions or you would like to book a DBS check:

**Contact:** Sian Avery

**Email:** [sian.avery@communitybarnet.org.uk](mailto:sian.avery@communitybarnet.org.uk)

**Tel:** 020 8364 8400 ext 217

**Cost:** An enhanced volunteer check costs £15 and an enhanced check for a paid member of staff is £65.

---



**Youth Groups & Schools: We Want To Hear From You!**

Healthy Relationships is a group of peer educators aged 16-25 years who have been trained to deliver a series of safeguarding workshops that are relevant to young people in Barnet.

We want to produce three podcasts that highlight safeguarding issues for young people living and/or attending school in Barnet who are 11-19 years of age. The podcasts will explore issues around young people's views and experiences and services available regarding Mental Health, Healthy Relationships, E-Safety and Domestic Violence. They will take place between March and June 2017.

We are looking for expressions of interest from youth groups and schools who would be interested in getting involved. This will be a great opportunity for young people to raise their awareness of issues and to have their say to help shape service provision for young people in Barnet.

If you would like to find out more about booking a workshop for your group:

**Contact:** Jeni Osbourne

**Email:** [jeni.osbourne@communitybarnet.org.uk](mailto:jeni.osbourne@communitybarnet.org.uk)

**Tel:** 020 8364 8400 ext 249



## Update on the Incredible Years BASIC Parenting Programme

[The Incredible Years](#) Accredited Parent group facilitators training programme hosted by Community Barnet was attended by family practitioners working within schools, as well as the voluntary and statutory sectors from across Barnet and Enfield. The training was further enriched by the varied experiences of participants gained through working with faith groups, supplementary schools, parents of children with learning disabilities, English as an additional language speakers and early years.

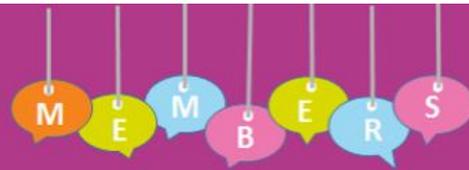
The training was very hands on and although the trainer, Dr Jenny Price, covered a vast amount of theory and information over the 3 days, the use of vignettes, her skill and injection of humour made the learning much easier. By the end of day 3, all trainees had experienced being a parent within a group session and lead as a facilitator.

If you missed the opportunity to attend this training and/or would like to train as an Incredible Years Parent group facilitator, please register your interest:

**Contact:** Zoe Kattah

**Email:** [zoe.kattah@communitybarnet.org.uk](mailto:zoe.kattah@communitybarnet.org.uk)

**Tel:** 020 8364 8400 ext 216



## Members News and Events



### Interested in Employment, Further Education or Apprenticeships?

Come to [5E](#)'s open day to find out more about the employment, education and apprenticeships opportunities available.

5e will also be holding IT Repair & Maintenance Workshops and holding short Employability Sessions on Applying For Jobs, CV preparation, Application Forms and Keeping a Job.

**Date:** Wednesday 19th April 2017

**Time:** 10am - 5pm

**Venue:** [5e Ltd, 2nd floor \(South\), St George's Chambers, Edmonton Green, London N9 0TS](#)



## Domestic Abuse Awareness Programme

ARISE is a six-week programme delivered by Solace Women's Aid in Barnet. It is aimed at women who are or who have experienced domestic abuse through either an intimate relationship or at the hands of a family member. The course concentrates on not only providing information and awareness about domestic abuse but places the focus on moving forward from this abuse.

If you have clients who are interested and fit the criteria, please can you fill out the [referral form](#) and email to: [l.higgins@solacewomensaid.org](mailto:l.higgins@solacewomensaid.org).

Download the [flyer](#).

Please contact Leanne if you require more information; please note I work Thursdays and Fridays.

**Date:** Every Thursday from 20 April 2017 – 25 May 2017

**Time:** 10.30am-12.30pm

**Venue:** [Barnet DVAAS Office, 294-296 Nether Street, Finchley Central, N3 1RJ](#)



## Speed Dating for the Over 50s!

In response to the growing problem of social isolation, Home Care Preferred and Age UK Enfield have teamed up to give Enfield's over 50's the opportunity to meet new people, find new friends and explore potential romances. There will be a variety of different events on offer to suit different personalities. Volunteers and a compere will be on hand to break the ice and facilitate conversations and activities. For more information about the different activities on offer click [here](#).

**Date:** Various dates from 20 April 2017 to 21 September 2017

**Time:** Various

**Venue:** Various around Enfield





## Barnet Unity Festival of Faith and Culture

The aim of the festival is to showcase the great strengths of all faiths in Barnet coming together, particularly in these challenging times. If you would like to participate by promoting your social action activities, or if you would like to take out a small advert in the festival programme to promote your services, please email: [info@cbfestival.co.uk](mailto:info@cbfestival.co.uk)

Entrance is free and there will be fun for all the family, including arts and crafts, children's entertainments, food stalls and refreshments, exhibitions and information.

For more information, and to register for free tickets click

**Date:** Sunday 14 May 2017

**Time:** 12pm - 5pm

**Venue:** Burnt Oak Leisure Centre, Watling Avenue, HA8 0NP

**Book [here](#)** for free tickets and more information



## Financial News



## Directory of Social Change Writes to Chancellor to Oppose Charity Commission Fees

In advance of the Spring Budget on 8 March, DSC's Chief Executive Debra Allcock Tyler wrote to the Chancellor Phillip Hammond. In her letter she outlined some of the reasons why charging charities fees for their own regulation is a bad idea,

and why the Chancellor should provide adequate funding for the regulator via general taxation. [Read more.](#)

---



### Free Money Advice at the Rainbow Centre

We are non-judgemental and recognise that many of us suffer financial difficulties at one time or another, often through no fault of our own. You can discuss your money problems with Stuart, our experienced money adviser, so there's no need to struggle alone.

**Date:** Every Tuesday

**Time:** By appointment

**Venue:** [Rainbow Centre, Dollis valley Drive, Barnet EN5 2UN](#)

**Tel:** 020 8441 9837 or 07981 760 399

**Cost:** FREE

---



### Advice Service for East Finchley Residents

Citizens Advice Barnet have partnered with Grange Big Local to bring an advice service to East Finchley.

This service is confidential, impartial and independent. It now operates at St. Mary's Catholic Church Parish Centre at 279 High Road in East Finchley on Fridays.

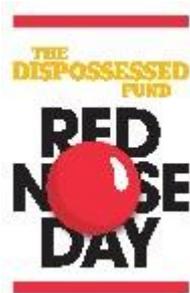
The service is available to East Finchley residents by appointment only through the Citizens Advice Barnet Helpline on 0300 456 8365.

**Date:** Every Fridays

**Time:** By appointment only

**Venue:** St. Mary's Catholic Church Parish Centre at 279 High Road in East Finchley

## Funding News and Opportunities



### Red Nose Day - Evening Standard Dispossessed Fund

The Red Nose Day Evening Standard Dispossessed Fund is for small community and voluntary organisations and social enterprises in London that are doing work to support local people living tough lives.

**Grant Size:** £5,000 - £20,000

**Deadline:** 12pm Friday 12<sup>th</sup> May 2017

Apply [here](#)



### 'Partners for Health' Grants Programme 2017

For projects that can demonstrate:

- It will benefit people experiencing significant barriers to health
- A new approach or a thoughtful development of service
- Working with an expert health agency/provider.

For more information click [here](#).

**Grant Size:** Up to £10,000

**Deadline:** 5pm Thursday 25<sup>th</sup> May 2017

Apply [here](#)

## Training and Courses @CommUNITY Barnet



Specifically aimed at meeting the needs and requirements of the local voluntary and community sector, providing a variety of free and low cost training courses on a wide range of subjects to support both staff and volunteers in the Voluntary, Community and Faith sector.



### Introduction to Safeguarding Adults

The Care Act 2014 highlights the importance of safeguarding adults. To maintain standards and care for vulnerable adults, there is increasing importance for staff and volunteers within the voluntary, statutory and private sector to be well informed about safeguarding, knowing what to do when a concern is raised. Our half-day safeguarding awareness course for the staff and volunteers working with adults and older people is a great introduction and the first step of our safeguarding training package.

What will participants gain from attending?

- Understand what is meant by the term 'vulnerable adult'
- Know the forms abuse may take
- Recognise signs and symptoms
- Understand how to respond appropriately to disclosures of abuse
- Understand roles and responsibilities towards vulnerable adults
- Understand the legislation and guidance concerning safeguarding adults at risk
- Train others in safeguarding adults at risks controls within their healthcare working environment

**Date:** Thursday 20th April 2017

**Time:** 1.45pm - 5.00pm

**Venue:** Community Barnet

**Cost:** £25.00

**Book** [here](#)



## Safeguarding Children and Young People Level 2

Do you have safeguarding responsibilities in your organisation? The course will give you an opportunity learn about what your responsibilities entail and what support is available. You will also be able to raise issues and concerns in confidential environment.

- New safeguarding concerns - Female Genital Mutilation, Child Sexual Exploitation and your role in the Preventing Extremism.
- Recording and sharing information
- Safer recruitment and supervision
- Dealing with Safeguarding concerns
- What if there is a concern about one of your members of staff or volunteer?

**Date:** Friday 28th April 2017

**Time:** 10am - 4.30pm

**Venue:** Community Barnet

**Cost:** £50.00

**Book** [here](#)

**Training and Courses  
from other providers**



## Training, Employment Opportunities & Social Development for Young People

TESYouth offers following workshops in Finchley Central, North

London. The workshops are **FREE** and designed for 18 to 25 year olds who are interested in improving their professional skills, increase their chances in the job market, starting their own business or are interested in creating their own videos, films and media.

### Upcoming Workshops in April 2017

#### Enterprise & E-Commerce Workshop

The workshop is three days and designed for 18-25 year olds who are interested to learn, practice and develop Enterprise business skills.

**Date:** Wednesday 12 April 2017 to Friday 14 April 2017

**Time:** 10am

**Venue:** Central House, 1 Ballards Lane, Finchley Central, London N3 1LQ

**Cost:** FREE

**Book** [here](#)

#### IT & Computer Technician Workshop

IT & Computer Technician workshop is designed for 18 to 25 year olds who are interested in increasing their chances in the job market and are interested to develop the skills needed to manage computer systems.

**Date:** Wednesday 26 April 2017 to Friday 28 April 2017

**Time:** 10am

**Venue:** Central House, 1 Ballards Lane, Finchley Central, London N3 1LQ

**Cost:** FREE

**Book** [here](#)



### Wellbeing Workshops at Barnet Council

Barnet Council are offering a range of Wellbeing & Mindfulness workshops at Barnet House:

#### April

19th April - Working with Service Users to develop and utilise new pathways

20th April - Applying Acceptance and Mindfulness approaches to practice

24th April - Building Emotional resilience in ourselves and our clients

27th April - Developing skills in Positive Risk Taking - Theories and Practice

### **May**

3rd May - Applying Acceptance and Mindfulness approaches to practice

4th May - Exploring issues of inter-dependency between professionals and service users

8th of May - Working well with Primary Care - Reaching in and engaging

10th May - Meaningful Rehabilitation - Integrated working in a values based manner

11th May - Effective Social Prescribing. Skills , practice and theories of change

15th - May-Building emotional resilience in ourselves and our clients

22nd May - Applying Acceptance and Commitment Approaches to people with psychosis - A new paradigm

24th May - A solution Focussed approach to achieving change management

25th May - Developing skills in Positive Risk Taking - Theories and Practice

29th May - Working well with Primary Care - Reaching in and engaging

31st May - Exploring issues of inter-dependency between professionals and service users

For more information about the courses and to book your place click [here](#).

**Volunteering Opportunities**





## CommUNITY Barnet are looking for a Finance Volunteer

A finance volunteer is needed to help in the crucial day to day running of the charity. Working as part of a close knit team, you will play a vital role in helping to manage the charity's finances in order to help us provide fantastic opportunities and services for other organisations and groups.

All candidates should be computer literate in Microsoft Word and Excel, have good numeric skills, as well as the ability to maintain a high level of confidentiality at all times. Good interpersonal skills, flexibility and attention to detail are essential. The ability to multitask and handle a varied workload is desirable. No accountancy experience is necessary.

Is this you?

Areas of work will include

- Payroll
- Processing journal entries
- Filing and record keeping
- Bookkeeping
- Balance sheet reconciliation
- Dealing with outstanding invoices

The ideal candidate suited for this role is someone who is pro-active with a strong work-ethic, and excellent communication skills. Applicants should demonstrate an all-round positive attitude, ability to multi-task and a readiness to engage with all assigned tasks.

**Commitment** - At least one day a week.

If this is you, then get in touch! Please [email Keisha](#).



## Inclusion Barnet are looking for Library Volunteers!

**Inclusion Barnet** is looking for volunteers to support our library

services in East Barnet and South Friern Libraries. These will be run in partnership with Barnet Council from April 2017.

### **What would I do as a Library Volunteer?**

- General library duties: such as to process book reservations and returns
- Help people find and use library resources
- Help people get online
- Refer people to our Wellbeing Hub and local services. This helps people engage in community activities, such as sport, volunteering and sources of help.

### **What would I do as a Volunteer Activity Co-ordinator?**

- Lead or support a social group or activity, particularly with children e.g. rhyme time
- Be a supportive role model
- Prepare interesting activities, taking the register and payments where needed
- Ensure cover is in place when an activity leader is not available

Please click [here](#) to find out more about these interesting opportunities!

Contact Androulla at [info@inclusionbarnet.org.uk](mailto:info@inclusionbarnet.org.uk) to ask any questions and to arrange an informal chat. Feel free to call her on **020 3475 1313**. We can't wait to hear from you and welcome you to our library team!

**Job Opportunities**



Let us know if you have information to share.

## Consultations and Surveys



### Transport for Cancer Patients

[Healthwatch Barnet](#) is interested in hearing about the experiences of people who are travelling to and from cancer appointments. If you or someone close to you has undergone cancer treatment in the last 2 years and would be interested in filling out a short survey please click [here](#).

Or if you would like to talk to one of our volunteers about your experience please call us on **020 8364 4800 ext 218** and we will arrange a time for them to call you.

## Newsletter and Information Sharing





## Newsletter and Information Sharing

If you have any news or information that you would like us to include in our newsletter, please send it to our [newsletter email address](#). Two hundred words or less and attach your logo. If you are sending event information, please do not send it as a PDF. We do try and include all information sent to us; however, there will be times that this will not be possible.

Hope you have found the newsletter both useful and informative. If you have any suggestions about our newsletters, please send them to [newsletter@communitybarnet.org.uk](mailto:newsletter@communitybarnet.org.uk).



---

### Our mailing address is:

For information inclusion in our next newsletter - [newsletter@communitybarnet.org.uk](mailto:newsletter@communitybarnet.org.uk)

For information or feedback please [email](#).

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#)