



SELECT LIST

17/06/2019

Section (1) You can contact the organisations directly using the details in the advert.

Section (2) Select your preferred opportunities including the **BNT numbers** and then either contact us on **020 8364 8400** or email to volunteer@communitybarnet.org.uk

SECTION (1)

CHASE FARM HOSPITAL is looking for volunteers

-Clinic Host

If you are friendly and adaptable, able to think and act quickly and work well as part of a team then please get in touch. Contact Millie at the Chase Farm Volunteers office on 0208 375 1349 or email meeling.woo@nhs.net

-Volunteer with your therapy dog

Therapy dogs make regular visits to the children's ward and elderly wards. The dogs often help long term patients relax and chat about their own pets and help them feel that they are in a more normal, homely environment. 0208 375 1349 or email meeling.woo@nhs.net

-Music Volunteers

This may be on a ward, or in a busy waiting area. This could be a regular commitment but could equally be a one off. Either way we would love to hear from you. 0208 375 1349 or email meeling.woo@nhs.net

-Fundraising Volunteer

If you are interested in becoming a fundraising volunteer and supporting the hospital, please contact Lumi Olumide.ojagbemi@nhs.net our community fundraiser.

DIGITAL UNITE is looking for volunteers - Borehamwood

-Digital Champion

They are looking for people with a good understanding of how to use computer to give peer support to people who are new to computers. You will help them to do things like:

Teaching someone to use Google -Helping someone set up an email account -Showing someone how to use resident services online -Explaining how easy shopping and banking online can be -Setting someone up on Skype -Helping someone research their family history or other hobby online.

You need a good level of basic computer skills, but you don't have to be an IT genius.

Here is the link for more info and to apply : <https://www.charityjob.co.uk/volunteer-jobs/digital-unite/digital-champion-borehamwood/634576?tsId=1&rankId=9> **Closing date: 16 July 2019**

THE FLOWER BANK is looking for volunteers

-Volunteer Driver

Reliable driver to collect flowers from Marks & Spencer in Temple Fortune. Flowers are collected from the loading bay after 9.30 am then taken to East Barnet - there is often a lot of bunches of flowers so large boot required. Email: ursulastone@hotmail.co.uk

SANGAM CENTRE is looking for volunteers

-Volunteer Administrator -Helping with customer service and general administration

-Volunteer Marketing Assistant -Assisting staff with advertising and promoting their excellent venue

If you are interested in these roles, please contact Sangam on **02089527062** or email your CV to info@sangamcentre.org.uk

WALK THE WALK is looking for volunteers

Are you energetic? Enthusiastic? Looking for fun? Could you donate a night for breast cancer?

Volunteer with WALK THE WALK, 11 – 12 May 2019, Clapham Common

For more information or to register, visit <https://walkthewalk.org/volunteer/> or call 01483 741430

CHILDREN'S AIR AMBULANCE is looking for volunteers

-Office Volunteer

Here is the link for more info and to apply: <https://www.childrensairambulance.org.uk/how-you-can-help/volunteering/office-volunteer/>

-Retail Shop Volunteer

Here is the link for more info and to apply: <https://www.childrensairambulance.org.uk/how-you-can-help/volunteering/retail-shop-volunteer/>

-Collection Tin Volunteer

Here is the link for more info and to apply: <https://www.childrensairambulance.org.uk/how-you-can-help/volunteering/collection-tin-volunteer/>

THE MS SOCIETY is looking for volunteers

They are looking to recruit a **Finance Volunteer** for their Barnet and Hertfordshire Group. As a Finance Volunteer, you would be joining a coordinating team of volunteers to plan and deliver services and activities to support people locally.

Here is the link for more info and to apply: <https://www.charityjob.co.uk/volunteer-jobs/the-ms-society/fundraising-volunteer/609765?tsId=1&rankId=1>

ICANDANCE is looking for Volunteer

The role:

This voluntary role will form an important part of the icandance administration team to help develop a social media and public relations strategy, to increase awareness of icandance through various media platforms and positively promote the charity in order to improve our recruitment, event attendance and overall local visibility. You will have the opportunity to work alongside other team members to develop the PR strategy.

The role is one day per week with flexibility around being in the office and/or working from home. On a day to day basis the role reports to the Principal.

The office is situated at The Green Man Community Centre, London, N2 9BA.

Essential:

- Confident and capable around most social media platforms.
- The ability to monitor and respond to social media activity every day
- Good organisational and research skills.
- Fluent in English, written and verbal.
- Excellent communication and interpersonal skills.
- Ability to work as part of a team.
- Enthusiasm and willingness to learn.
- Good computer and database skills.
- Commitment to volunteering for at least six hours per week on a regular basis.

Email: penny@icandance.org.uk

ICANDANCE is looking for Disability Dance Session Volunteer

They are looking for enthusiastic volunteers to help them enable the children and young people to access dance in a safe environment, full of fun. In return you will have the opportunity to learn from a multi-disciplinary team which includes dance movement psychotherapists, choreographers, education practitioners, disability specialists and theatre practitioners.

Essential:

- Have qualifications, experience or an interest in working with children/young people with disabilities
- Sensitive to the needs and challenges of children with disabilities and their families
- Be fun, energetic and comfortable to work with dance, though no prior dance experience is required
- Have a good command of the English language/communication skills
- Ability to work within a team
- Be prepared to have an Enhanced DBS check

Email: penny@icandance.org.uk

WALK THE WALK- MOON WALK VOLUNTEER ROLES

Roles available: Baggage Team, Big Girls Face Paints, Call Centre, Clean & recycle team, Coach Marshal, Creation Station, Cyclist, Directional, Directional (Food Queue), Driver, Early Morning Marshal, Entrance Gate/Start Line, Finish Line, Help Desk, Kitchen, Main Tent Entertainment, Massage, Mobile Catering, Pop Up Shop, Route Marshal, Service Station, Site Water, Social Media, Tattoos and Balloons, Team leader, Volunteer Baggage, Volunteer Equipment Desk, Volunteer Registration, Volunteer Uniform Desk, WalkWear

Here is the link for more info and to apply: <https://www.walkthewalk.org/volunteer/moonwalk-london-2019-volunteer/>

THE MIX is looking for volunteers

- Digital Connector
- Helpline Volunteering
- Online Volunteer Counsellor
- Peer Editor (Tower Hamlets)-
- Commenting Moderator
- Boards Moderator
- Relationship Squad
- General Chat Moderator
- Support Chat Moderator
- Young Ambassador

Here is the link for more info and to apply: <https://www.themix.org.uk/get-involved/volunteering>

SENSE is looking for volunteers

- Volunteer on a Sense Holiday
- Volunteer with a social or activity group
- Volunteer as a Sense Buddy
- Volunteer in a Sense Shop
- Become a volunteer fundraiser

Here is the link for more info and to apply: <https://www.sense.org.uk/support-us/volunteer/>

SHARE FOUNDATION needs volunteer

Activities include:

- To help with secretarial work
- To attend to the Newsletters, Reports for the donors etc
- To work with the Founder

Commitment: Once a week around 3-4 hours to assist with the Foundation work.

This is a Nursing Charity, the beneficiaries are poor, sick and housebound in Sri Kanka. Working time and place can be negotiated. Based in Mill Hill NW7.

Telephone: **07800754945 /020 8906 1227** Email: celine.share.org@gmail.com

GIRLGUIDING launches volunteer recruitment campaign

Campaign includes online film promoting the inspirational role volunteers can play in the lives of girl guides. Activity includes social media promotion using #InspireGirls and the release of an online film that focuses on the influential role of volunteers within the charity, which supports 400,000 girls and young women.

Here is the link for more info and to apply: <https://www.charitydigitalnews.co.uk/2018/10/16/girlguiding-launches-volunteer-recruitment-campaign/>

INCLUSION BARNET is looking for befriender volunteers

The befriender's role is to meet with the person at least once a week to offer support, company and encouragement to enable the person to become more empowered and confident, and in turn improve their health and wellbeing.

Skills needed:

- Good communication skills
- Reliable and trustworthy
- Compassionate and positive
- Able to commit to at least two hours a week for at least six months, for continuity for the person

Supported by: Touchpoint Volunteer Coordinator

Location: Mutual meeting place. Sometimes the person's home depending on their requirements

Here is the link to apply: <https://www.charityjob.co.uk/volunteer-jobs/inclusion-barnet/befriender/597427?tsId=1&rankId=1>

INCLUSION BARNET is looking for Library Volunteers!

Inclusion Barnet are looking for volunteers to support their library services at East Barnet Library, 85 Brookhill Road, EN4 8SG and South Friern Library, Colney Hatch Lane, N10 1HD. Please contact Nick at nick@inclusionbarnet.org.uk to register your interest or to ask any questions.

CANCER RESEARCH UK is looking for volunteers!

- Volunteer Massage Therapists - Royal Parks Foundation Half Marathon - 14th October 2018
- Cheering Volunteers - Royal Parks Foundation Half Marathon - 14th October 2018

volunteering5@cancer.org.uk **07880 488140**

THE ASSOCIATION OF JEWISH REFUGEES need volunteers!

- One-to-one Befriending
- Telephone Friends
- Dementia Befriending
- Computer training

London N3 1HF, Phone: **020 8385 3070** email: ros@ajr.org.uk www.ajr.org.uk

BARNET CARERS CENTRE- Barnet- is looking for volunteer Befrienders for New Community Project!

Skills needed:

Befriending / Visiting

Mentoring / One-to-One Support

020 8343 9698 or email volunteer.coordinator@barnetcarers.org

BARNET CARER CENTRE is looking for HR Assistant Volunteer!

Skills needed: Administration / Office / Computers/Organising

020 8343 9698 or email volunteer.coordinator@barnetcarers.org

CITIZEN ADVICE BARNET is looking for volunteers!

- Receptionist/Admin Support
- Worker Adviser
- Benefits Form Filler
- Research and Campaign Co-ordinator
- Outcomes Researcher Email: volunteer@barnetcab.org.uk

JEWISH BEREAVEMENT COUNSELLING SERVICE (JBCE) is looking for volunteers!

Volunteer Counsellors/Social workers, Volunteer trainers, Administrative and Fundraising Volunteers.
Address: 221 Golders Green Road, London NW11 9DQ, phone: **020 8922 2222**

TESYouth is looking for volunteers!

We are looking for volunteers of all ages and experience to join our team and help us continue our work.

- Project Research/Coordinator
- Online & Social Media Coordinator
- Fundraising Manager

<http://www.tesyouth.org/t/volunteer-with-us/> Tel: **02030049617**

BRITISH HEART FOUNDATION - Finchley- is looking for volunteers!

As part of this role you will be:

- Sorting and pricing books by category ready for the shop floor and for storage behind the scenes
- Research rare books on the internet.
- Spotting valuable items for our EBay shop

EMMAUS BARNET is looking for volunteers!

- Stock lifter volunteer –Barnet store -11 high street –Tuesday to Saturday
- Shop assistant volunteer-Barnet store -11 high street- Tuesday to Saturday

BRITISH HEART FOUNDATION - NW7- is looking for volunteers!

Roles to choose from:

- Become a Customer Service volunteer helping our customers to make the right purchase
- Join us as a Telephone/Admin Volunteer answering customer queries and booking in collections of donated items.
- Share your love of books, music or accessories as a department volunteer, sorting out, pricing and displaying items in your chosen department
- Become a Volunteer Recruiter using local knowledge to let your community know of our volunteering opportunities.
- Become our online listings specialist identifying unique and valuable items and uploading online.

WDP BARNET RECOVERY is looking for volunteers!

- Volunteer recovery Practitioner Barnet
- Volunteer Counsellor Barnet
- Receptionist and Administrator Barking and Dagenham Young Peoples' Service
- Volunteer Counsellor Harrow
- Corporate and Community Volunteer –city of London

<http://www.wdp.org.uk/help-us/volunteer/volunteering-opportunities>

BRITISH HEART FOUNDATION –Barnet- EN5- is looking for Customer Service Volunteer!

As part of this role you will be: -Talking to customers and making them feel welcome -Advising and helping people as they shop and receiving their donations -Keeping our shop floor looking great

<https://www.bhf.org.uk/how-you-can-help/volunteer> **020 7554 0000**

BRITISH HEART FOUNDATION -Finchley- is looking for Cash desk volunteer!

As part of this role you will be: -Completing till transactions accurately -Promoting our stock requirements and campaigns -Promoting the benefits of the Gift Aid scheme to the BHF <https://www.bhf.org.uk/how-you-can-help/volunteer> 020 7554 0000

BARNET CARERS CENTRE is looking for volunteer receptionist!

You will be responsible for:

- Controlling admission to the building and managing our signing in/out book
- Answering the telephone and transferring calls to relevant members of staff
- Taking messages for unavailable staff, ensuring messages are left clearly on their desk or are emailed to them.
- Greeting all visitors to the Centre in a friendly manner and letting relevant staff know their client has arrived
- Keeping the reception area tidy and welcoming
- Other admin tasks as appropriate (e.g. responding to email, sorting the post). Apply on company site: <http://www.barnetcarers.org/job/volunteer-receptionist/> Tel: **020 8432 2095**

SHARE FOUNDATION is looking for volunteers!

A registered Charity in U.K. looking for a volunteer to help with secretarial work, IT, mainly to attend to Newsletters, Reports etc. Once/twice a week for about 3 hours work to assist the Founder. Working times and place can be negotiated. Telephone: **0208 906 1227/ 07800754945**

NATIONAL CITIZEN SERVICES is looking for Volunteers!

-Volunteer Pitch Adviser

You will be a part of a panel of 4 professionals from the local community. You will see between 5-7 teams who will pitch to you for funding for their Social Action Project. Your role will be to give the teams feedback and decide on how much funding to give them (provided by NCS). Christine Christensen, on Christine.christensen@the-challenge.org Phone: **020 3542 2404**

CANCER RESEARCH UK TASTER SESSION in London, Surrey and Kent Shops!

Try one of our events in store and see if volunteering is for you. The drop in sessions are perfect for asking questions, seeing how the shop runs and learning what volunteering roles we offer. For more Information talk to your local Shop Manager, email volunteering5@cancer.org.uk or phone on **07880 488140**

CANCER REASERCH is looking for volunteers!

- Volunteer Customer Service Assistant
- Volunteer Visual Merchandiser
- Volunteer Deputy Shop Manager
- Volunteer Shop Fundraising Coordinator
- Volunteer Stock Processing Assistant
- Volunteer Admin Assistant It's quick and easy - all you need to do is complete our short application form online <https://www.cancerresearchuk.org/apply-for-volunteering>

MARRIAGE CARE is looking for volunteers!

- Secretary/Centre administrator
- Team Assistant for Marriage Preparation Courses
- Qualified Relationship Counsellor.

Would you like to be part of a local team making a positive difference in your area? Are you well organized and a good communicator? Address: Christ The King Church, Bramley Rd, London N14 4HE Tel: **0800 389 3801**

JOY would love volunteers to come on board and get involved!

We are looking for compassionate, energetic and self-motivated volunteers who want to make a difference in their communities and become JOY Facilitators. Acceptance is subject to an interview and DBS check. Contact Jenny Kossew: Jenny@joininggoldandyoung.org.uk www.joininggoldandyoung.org.uk

BARNET CARERS CENTRE is now looking for up to three new Trustees!

To help us deliver our local authority contracts and our ambitious plans for the future. The Board of Trustees meets 6 times a year during the day and we also have a number of sub-committees. Board meetings are held at our centre at 303 Ballards Lane in Finchley, N12 8NP Tel: **020 8432 2095**

OSIDGE LIBRARY is looking for volunteers!

- Volunteer early years assistants
- Volunteer shelvers

Osidge Library, Brunswick Park Road, London N11 1EY Tel: 020 8359 4114 /4514 or 7775 Email: lendahand@barnet.gov.uk

ALZHEIMER'S SOCIETY is looking for Volunteer Recruiters!

We expect Volunteer Recruiters to offer approx. 4 hours per month. Your volunteering activities can be delivered flexibly, on evenings or weekends. Phone: **0330 333 0804**

BARNET CAB is looking for Advisor and Admin Volunteers!

If you're looking for a worthwhile experience and excellent training, there may be a suitable volunteering role waiting for you at Citizens Advice Barnet. Tel: 0300 456 8365 Email: volunteer@barnetcab.org.uk

ST JOHN'S HOSPICE is looking for volunteers!

- Retail Charity Shop Volunteer.
- Location: Finchley Road NW3 6LB Tel: **020 7624 5938**

JAMI is looking for IT volunteer!

Location: Finchley Tel: **020 8458 2223**

FOOD CYCLE is looking for volunteers!

- Project Leader
 - Cooking Leader
 - Surplus Food Co-Ordinator
 - PR, Marketing and Communications Project Leader
 - Community Outreach and Engagement Project Leader
 - Volunteer Co-Ordinator
 - Fundraising and Events Co-ordinator
 - Student Liaison Project Leader
- Telephone: **020 7729 2775**

SUFRA FOODBANK & KITCHEN is looking for volunteers!

- Food Bank volunteer
 - Community Kitchen Assistant
 - Garden Volunteer
 - Children's Homework Club Supervisor
 - Food Collection Volunteer
 - Admin Volunteer
- Phone: **020 3441 1335** Email: admin@sufra-nwlondon.org.uk

THE ROYAL FREE Camden is looking for volunteers!

- Hairdressing volunteers
- Shop Trolley volunteers
- Meet and Greet

-Enquiry desk volunteers
-Book Trolley volunteer
-Beauty Therapy
-Volunteer with your therapy dog
-Gardeners
-Weekend newspaper round volunteers
-Ward Assistants
Phone: **020 7830 2306**

LARCHES COMMUNITY is looking for volunteers!

-Creative Arts and Independent Living Skills Facilitators (P/T)

We are looking for people who have some spare time to organize fund raising events for us. The money we raise goes **towards** creating opportunities for people with learning disabilities / autism. If you, or a group of friends, have time to organize social events with the proceeds being raised for Larches Community, please apply with CV: info@larchestrust.org.uk

THE GOOD NEIGHBOUR SCHEME is looking for volunteers!

-Lunch Club volunteer on Thursdays, 11.30 to 2.00pm
-Minibus Drivers and Scouts volunteer
-Befriending volunteer
-Lifts volunteer (with mileage allowance)

Call: **020 8906 3340** Email: good.neighbour@yahoo.co.uk

ACTION ON HEARING LOSS is looking for social group coordinator volunteer!

Where? Chipping Barnet. When? First Wednesday of every month. The length of each shift can vary, but is usually 3 hours. What will you be doing? -Support your volunteer manager to organise regular Hear to meet social meetups in your community. -Help promote the group in the local area -Assist with preparation and setting up before the event, and serve drinks to attendees -Listen, chat and engage with group members and their friends and family -Provide support and information about Action on Hearing Loss' services- Follow Action on Hearing policies and regulations -Complete necessary paperwork and return it to Action on Hearing Loss staff. Email: Volunteering@hearingloss.org.uk or Call: **01273 840960**

BARNET CARER CENTRE is looking for GP & Hospital Outreach Volunteers!

Are you friendly, outgoing and committed to improving services for carers? We are looking for GP/Hospital Outreach Volunteers who can commit to attending regularly on agreed days and times into a GP Surgery or Hospital. The aim is providing information on our services, identifying informal carers and signposting them to Barnet Carers Centre. Here's what we think could be beneficial qualities for this particular role: • Confidence in speaking to individuals • Friendly, reliable, approachable and enthusiastic • Knowledge and willingness to learn about issues affecting carers • Ability to listen to questions and to answer appropriately • Happy to work with a wide range of people • To be fully conversant and promote the work of Banet Carers Centre • Observe confidentiality We would provide induction and training, as well as DBS check. Please contact Gabrielle Bailey, Volunteer Coordinator on **020 8343 9698**
Email: volunteer.coordinator@barnetcarers.org

THE MIX is looking for volunteers!

Are you a counsellor in the final year of your Diploma course or a recently qualified counsellor who wants to support their accreditation by counselling young people in an agency sIf you want to make a difference to young people's lives, we want to hear from you! Please note this is a volunteering opportunity and we would ideally need a commitment of one year. Free phone: **0808 808 4994**

BARNET LONE PARENT CENTRE is looking for Toy Library Assistant Volunteer!

To assist in the provision of a high quality toy lending service to families in the Finchley area. When: 9 till 11.30 am one morning a week (Tuesday) during term time. Location: Green Man Community Centre, Strawberry Vale, East Finchley, London, N2 Contact: Nina Gentry [02038284834](tel:02038284834)

EDGWARE CHILD CONTACT CENTRE looking for Child Contact Enabler volunteer!

Would you like to be part of a team that makes a difference in the lives of children and their families? Can you dedicate just 4 hours a month to a good cause? If your answer is 'Yes' to all, then contact us to be a general helper on our team. You will help facilitate contact between children and absent parents, discreetly observe the contact and report any problems, prepare the room and clear it afterwards and, when necessary, lend a sympathetic ear. This post gives practical experience, with a national organization, to those planning to work with children or families. A parent/carer is always present when a child is in the Centre and is ultimately responsible for the child's welfare. We work in teams of three, under the leadership of an experienced coordinator. Volunteers are required once every 4 weeks on a Saturday from 9 am -1.30. If you are interested in this role, please contact Rosemary Bentley at contact@eccc.london

EASE WELLBEING is looking for volunteers!

Befrienders support people with poor mental health to go out in a community setting and integrate into their society, for a couple of hours each week. Training and weekly supervision by fully qualified Psychotherapists, Psychologists and other Healthcare Professionals is provided. Befrienders will work on a one to one basis with their Befriendeds for one to two hours a week or fortnight, depending on the individual arrangements. They can have more than one befriender, in which case their volunteering opportunities can increase. Contact: Lauren Sayers/Stefan Thackeray/Mark Rayner. Email: befriending@easewellbeing.co.uk Website: <http://www.easewellbeing.co.uk>

JEWISH DEAF ASSOCIATION is looking for Social Media Wizard volunteer!

We need amazing people with a huge amount of experience on social media. By experience we mean people who actually understand what makes a post well-read and shared! You'll work with our events manager and help to promote all of our activities throughout the summer and autumn. Skills Required: Basic IT skills - internet & email, Creative & Design, Evaluating & Reviewing, Good IT Skills, Language Skills, Organising & Planning, Reading & Writing, Research. Contact Andrew Goodwin for more information. Role Address: Julius Newman House, Woodside Park Road London, Postcode N12 8RP

STROKE is looking for Mentor or Peer supporter volunteer!

Volunteer mentors and peer supporters offer support across all survivors. In doing so they help to reduce social isolation and build the confidence and self-esteem of the people they support. You'll be supporting stroke survivors on a 1:1/face-to-face basis according to their needs to achieve personal goals and be independent. This will take place either face to face in the stroke survivor's home or out in the community, by telephone or online. Telephone: 0207 940 1340 Email: lina.choudhury@stroke.org.uk

SECTION (2)

Administration/Office/Computers

Administration Support The Neuroblastoma Children's Cancer Alliance UK [BNT 749] The NCCA UK helps children access potentially life-saving treatment, whilst supporting research that not only aims to introduce new treatments but also bring existing internationally available options here to the UK. Volunteer needed to assist the small team with their day to day administration of the charity and enable the Neuroblastoma Alliance to achieve more through your input.

Afterschool Club Support Whitefield School Barnet [BNT 1316] If you would like to gain experience as an Afterschool Club Coordinator, this is the best start for you. You will be working next to well experienced staff and be able to meet up with other volunteers every half term. We are looking for long term (at least one school term) commitment to meet our students and provide sufficient experience. In your role you will be expected to take register, provide feedback at the end of the session, support staff in simple tasks that may change week to week slightly.

Assistant Manager Internship Oxfam Finchley [BNT 1121] The internship is to assist and cover all aspects of an assistant manager role. Including till work, weekly analysis, monthly figures, merchandising, processing and sales of second hand goods, following fashion trends and learning about Oxfam and their policies, making sure they are in place.

Baby Group Leader NCT Barnet Borehamwood [BNT 1312] Administration Assistant is needed to provide frontline service to the centre with good communication skills and experience of administration work. Good IT skills and knowledge of databases would be required.

Volunteer Visitor Licensed Trade Charity [BNT 1291] We have a team of Volunteer Visitors who visit people in their homes once they have applied for financial assistance. The visitor completes an assessment of their needs and collects evidence needed before returning the information to the charity so that we can work out the most beneficial way of helping that person.

Website Virtual Assistant Parents Supporting Parents C.I.C Across Barnet [BNT 1273] A UK based Community Interest Company is looking for a Website Assistant to maintain their site with regular features and updates for a site that supports families across the globe. The post will allow the successful volunteer to gain valuable experience in maintaining the back end of this site. Regular meetings with Managing Director will ensure a good working relationship is forged.

Art / Music /Drama

Artist Assistant Community Focus Friern Barnet [BNT 1323] Working with a lead artist, you will assist in the delivery of different creative projects in a variety of different venues including care homes, youth centres and community centres. Creative projects vary from painting, drama, music, dance, drumming and photography. Commitment - Varies depending on project but usually volunteering will occur during the day. N.B. - this is when most, e.g. care homes and schools etc., will want their creative projects delivered.

ARTiculate Project Delivery Assistant Community Focus Friern Barnet [BNT 1325] Do you enjoy working closely with a group of young people (with various needs). Support the delivery of various creative projects while working closely with the Lead Artist and ARTiculate Project Manager on this project with ARTiculate. You will be working with 16-25 year olds.

Backstage Production Assistant Iris Theatre London [BNT 1345] We are looking for a team of Production Assistant volunteers perhaps with some experience in a theatre environment, to help out with our summer season shows – Much Ado About Nothing and Treasure Island. This will involve supporting the day-to-day backstage work during the run of the shows.

Drama Workshop Assistant Community Focus Friern Barnet [BNT 1246] Community Focus is looking for an assistant for our Drama Workshop on Thursdays from 2 to 4pm, who can stimulate and encourage our students to develop improvisation skills and animate body and voice through imaginative exercises.

Drumming & Singing Workshop Assistant Community Focus Friern Barnet [BNT 1248] Community Focus requires an Assistant for our Drumming & Singing Workshop on Wednesdays from 2 to 3:45pm

Drumming Workshop Assistant Community Focus Friern Barnet [BNT 1243] Community Focus is looking for a volunteer who can stimulate and encourage our students to use African hand drums (Djembe) to practice rhythms and to develop coordination skills at our Drumming session on Wednesday 12:30 to 2pm.

Jewelry Making Workshop Assistant Community Focus Friern Barnet [BNT 1238] Community Focus is looking for a volunteer who can stimulate and encourage our students to create wearable jewelry from recycled materials. Duties include: assisting in setting up activities and putting away at the end of the sessions, supporting students, sometimes on a one-to-one basis, helping with refreshments, assisting with displays and shows.

Photographers Noah's Ark Children's Hospice Across the Borough of Barnet [BNT 1166] We are looking to develop a small team of Volunteer Photographers to attend various events, in order to provide us with images which can then be used to raise awareness of the work we do and the support we provide. The Volunteer 8 Photographer will work in association with both our Fundraising and Care & Family Support

teams capturing images at a range of events from The Royal Parks Half Marathon, cheque presentations, golf days, art exhibitions, and charity shop events to our Summer Ball, Winter Party and sibling groups.

Textiles Workshop Assistant Community Focus Friern Barnet [BNT 1245] Community Focus is looking for a volunteer to assist in our Textiles Workshop on Fridays from 10.30 to 12.30pm, who can stimulate and encourage our students to learn different sewing techniques and experiment with fabrics and decorations. Duties include: Setting up and clearing the space for classes and in between workshops, supporting students, sometimes on a one-to one basis, helping them with ideas and encouraging independent thinking, helping with refreshments, assisting with displays and shows.

Befriending / Visiting / Caring

Association Visitor Motor Neurone Disease Association Across the Borough of Barnet [BNT 349]

Association Visitors befriend by providing invaluable support and advice for people living with MND and their families, whether it be on the phone, via email or with face-to-face contact. They offer free and confidential emotional support, information about the Association and other services that help people make informed choices. We provide nationally recognized training to all helpers.

Befriender Association of Jewish Refugees Across the Borough of Barnet [BNT 476] Seeking befrienders to visit people who are frail and isolated, living in their own homes. Some have little or no surviving family and are very lonely. You would visit on a regular basis, for a chat, a walk or give help with their paperwork. Volunteers are often given the privilege of hearing their extraordinary stories of how they arrived in this country from Nazi persecution.

Befriender Creative Support Barnet [BNT 1335] As a befriender with Creative Support, you will be spending time with adults with learning disabilities and mental health issues, offering them the chance to interact with someone outside of their paid support network, increasing their confidence and motivation.

Befriender Friend in Need Community Centre East Barnet [BNT 702] Volunteer required to visit an elderly isolated person for a chat, on a weekly or fortnightly basis in order to provide them with company and thus reduce isolation.

Befriender Greenhill Care Home (B&M Care) East Barnet [BNT 1000] Compassionate and understanding volunteers needed to help in a friendly loving caring home. Become part of our team sitting and spending time with the residents, talking and reading, as well as participating in events in the home.

Befriender Norwood: Barnet [BNT 258] Volunteer befrienders needed to work either 1:1 with adults or young people that we support or provide support to siblings or in a family setting. The role is tailored to meet the needs of the individual/s.

Buddy Family action Across the Borough [BNT 1270] Siblings Together Buddy project is an Innovative approach to re-unite siblings separated through the care system. We recruit and train volunteers to become buddies who will support and encourage siblings to enjoy activities together on a monthly basis. Buddies will facilitate fun and rewarding activities bringing together sibling groups. We aim to improve communication and relationships between siblings to develop bonds of mutual interest and help nurture a relationship for life.

Project Member for INSPIRE+ RSVP Outer London North [BNT 1317] Volunteers for the INSPIRE+ project will engage with elderly, isolated and frail individuals on a regular basis at a variety of sheltered housing locations in Barnet & Finchley. We visit these facilities on a weekly, bi-weekly or monthly basis. Activities range from discussion, quizzes, games, entertainment, keep-fit activities and sing-a- longs to just chatting one-on-one with a lonely individual. feel welcome and getting them to sign the attendance sheet.

Telephone Befriender Licensed Trade Charity [BNT 1292] The Licensed Trade Charity need volunteer Telephone Befrienders to make friendship calls to those who are at risk of social isolation. Our team of volunteer Telephone Befrienders make regular friendship calls to an agreed number of telephone friends who are at risk of social isolation. These calls provide someone with a listening ear and helps people to rebuild their confidence and reintegrate themselves back into the community.

Ward Visitor for Hospital Radio Hospital Radio Barnet [BNT 1318] Are you chatty and have some spare time? Then could you help as a Local Volunteer Ward Visitor for Hospital Radio within Barnet Hospital? This is an opportunity for those who like to bring cheer to others! The volunteer role would be to tour the wards and chat with the patients and collect music requests. This is already done in the afternoon and evenings, but we are keen to expand this activity to cover more hours, if we can find people with a spare hour or two to help do that.

Cooking / kitchen Skills

Kitchen Assistant SENSE BARNET [BNT 1277] Volunteers will be working closely with our chef to serve in our new café as well as helping to prepare and cook the items on our menu. This position is for people with a love of good food, flavor and cooking and who want to get involved in an integral part of the café operation.

Driving / Delivering

Drivers – (Car and Minibus) Norwood Across the Borough [BNT 256] Volunteer drivers needed to help transport people at various locations across the borough using either their own vehicle or our minibus.

Driver Jewish Deaf Association Finchley [BNT 1346] Help elderly and hard-of-hearing people access the full range of activities happening at JDA. We aim to reduce the loneliness and social isolation in elderly people with hearing loss. This will be done by organising a wide range of activities, some at our wonderful community centre in North Finchley and others across the North London area. Your role is offering a regular and vital transport link, enabling people to come to our activities and get the most out of life again. There will be at least one pick up and drop off arranged every week. Most people needing pickups live in the Barnet and North London area.

Drivers Resources for Autism Finchley Road [BNT 1271] We need both regular drivers to help bring and take home young people from groups in the evenings and at weekends in their own cars and we need occasional drivers for our mini-bus especially during the school holidays. Must be prepared to have a DBS check.

Mini Bus Driver St. Joseph's Pastoral Centre Hendon [BNT 1311] Mini Bus Driver wanted to take our students with learning disabilities to the local swimming pool on our mini bus 2/3 hour every week. The journey is from Hendon to Finchley Lido and back.

Personal Grooming / Health Care

Breastfeeding Peer Supporter Central London Community Healthcare Trust Various Locations Barnet [BNT 1227] Volunteers needed to listen to mothers experiences and worries about breastfeeding. Provide evidenced based information rather than advice. Direct mothers to appropriate health care professionals (i.e. Health Visitor, GP). Provide mothers with contact details of local breastfeeding support services Document activities as required onto data systems. Meet with the Breastfeeding Coordinator on a regular basis to report progress and collate contacts. To attend any training and update sessions to ensure continued learning about breastfeeding and best practice for delivering effective peer support. Maintain confidentiality at all times.

Managing / Supervising

Trustee Barnet Mencap Finchley [BNT 1306] We are looking for people who are interested in making a contribution to their local community. Do you have skills to offer a local charity that could make an impact and improve and change people's lives? As a voluntary trustee you would be part of a dynamic and dedicated team that focuses on the strategic direction and governance of the charity, and become an ambassador for Barnet Mencap.

Supporting /Mentoring / Assisting

Chairperson Barnet Lone Parent Centre East Finchley [BNT 1098] Chairperson wanted for small, friendly charity to lead and develop the Management Committee. Be part of a team that really makes a difference by supporting families in need.

Child Contact Enabler National Association of Child Contact Centre Edgware [BNT119] General helper required to facilitate contact between children and absent parents including: discreetly observing the contact and reporting any problems; preparing/clearing the room; serving drinks etc. Saturday AM or PM every six weeks. Practical experience to those planning to work with children or families.

Community Volunteer North London Hospice Finchley [BNT 1340] North London Hospice are looking for Community Volunteers to support the Community Specialist Palliative Care Health and Social Team which is part of the Macmillan Specialist Care at Home Project. Is this for you? You'll be matched with a patient who will need someone reliable to visit, bringing positive contact and much needed support.

Day Centre Volunteer (Centre for Homeless People) Homeless Action in Barnet North Finchley [BNT 139] We are always looking for new volunteers as we call on around twenty five each week. Why not be involved in all aspects of the day centres services? This ranges from food preparation to reception and admin duties.

Deafblind Partner SENSE Barnet [BNT 1329] Sense values highly the many ways in which volunteers give their time to make a difference to the lives of deafblind people and their families. Our volunteers work directly with deafblind people in the community, on holidays and at events, in Sense shops, and in roles supporting fundraising, information and advice, our legal team and much more. This support role is designed to enable a deafblind person to volunteer in the centre, gaining skills, experience and self confidence in a safe, friendly and accessible environment, supporting them to take on roles such as volunteer receptionist or volunteering in the café.

Eye Clinic Support Service Worker Thomas Pocklington Trust Moorfields [BNT 1309] We are looking for Eye Clinic Support Service Workers to provide emotional and practical support to patients attending the eye clinics at Moorfields Eye Hospital NHS Foundation Trust satellite sites. You will be supporting patients who have recently been diagnosed with a visual impairment and/or are receiving treatment - from offering a listening ear over a cup of tea, to giving out non-medical information, to signposting them to available services.

Family Support Assistant Barnet Lone Parent Centre Barnet [BNT 1332] Can you help us to organise a family fun drop-in on Sunday afternoons? Plenty of energy and a sense of fun are essential. The main aim of the role is to act as the first point of contact between lone parent families and Barnet Lone Parent Centre and to deliver interesting, stimulating and fun activities for these families in order to bring them together as a mutually supportive community. You are welcome to bring your own children to the Sunday group.

Family Support Helpline volunteer Family Lives Hatfield [BNT 626] Interested in developing your listening skills or gaining experience in Family Support? We are looking to recruit enthusiastic and empathetic people with a bit of life experience to train as Family Support Volunteers offering telephone and online support to parents and carers on a range of issues affecting their lives. We receive calls about the behaviour of children and young adults, schools, relationships, mental health of parents and children, bullying, crying babies, family breakdown, impact of divorce and separation etc.

Gateway Award Helper Barnet MENCAP Barnet [BNT 1343] The Gateway Award is like the Duke of Edinburgh Award but for 14 - 25 years olds with a learning disability We are looking for someone to help the participants with some of the different sections of the Award, helping in the participants home in Borough of Barnet (parents or carers will be with them) or at our office here in Hendon Lane. eg cookery, life skills.

Gift Team Volunteer (Care & Family Support Team) Noah's Ark Children's Hospice Barnet [BNT 1183] All Noah's Ark children, whether life-limited / life-threatened or a sibling, receive Birthday and Christmas presents from us. This is a much appreciated service by our families and a major organisational task which we would be unable to achieve without volunteer support. Presents are selected at our Warehouse in Borehamwood and then wrapped at our office in High Barnet.

Hearing Aid Support Action on Hearing Loss Hendon [BNT 1353] Become a Hearing Aid Champion, we will train you to provide front line support and practical help to local people so they can get the most from their hearing aids.

Helpline Volunteer OCD Action Goswell Road [BNT 1307] OCD Action relies on the dedication of volunteers to make sure that we are there to help people in need and that our message can get out. Our team of Helpline volunteers respond to calls on our helpline and the emails we receive asking for support.

Helpline Volunteer Respond Across the Borough [BNT 1251] This is an excellent opportunity to make a difference in the lives of people with learning disabilities who have experienced trauma and abuse. Volunteers are sought to provide advice, support and information on our unique and well-respected helpline.

Support young people with Severe and Profound Multiple Learning Difficulties Development and Learning Opportunities (DALO) Ltd Harrow [BNT 1266] DALO provides services to young people with Severe and Profound Multiple Learning Difficulties. Our main programme includes activities such as using public transport, sports & leisure, shopping, Arts and crafts, Music, cooking, money and home management.

Volunteer Advocate Advocacy Barnet [BNT 1338] Advocacy in Barnet believes Older People's lives matter. If you believe in that, and have 4 to 6 hours to offer every week, join us in supporting lonely and isolated older people. Advocacy is about listening, rights, representation and support. We are looking for people over 30 years of age who, maybe through their own experience, have gained skills and experiences they can use to support vulnerable people to voice their wishes, preferences and needs. This is in the borough of Barnet.

DIY /Gardening /Catering

Allotment / Gardner Helper SENSE Barnet [BNT 1330] TouchBase South East works with deafblind adults of all ages and individuals who have sensory impairments with additional learning and other associated disabilities and has a music room, multi-sensory room, pool and café. This role is designed to ensure that the allotment is maintained and accessible and that deafblind people are able to take on gardening tasks. Typical tasks include: • Maintain the allotments • Ensure equipment is kept in good working condition • Ensure that deafblind people are able to access the allotment and provide support for them to take on gardening tasks.

Gardner Assistant Stephens House and Gardens Finchley [1265] We are currently recruiting Volunteers to act as Ambassadors during the hours that the house & gardens are open to the public; the role will require volunteers to be physically active and capable of walking across various types of terrain for periods.

Gardener Norwood Stanmore [BNT 1104] Volunteer gardeners help us look after the spaces around our homes and make a big contribution to the look of our service provision and its attractiveness for the people we support. Specific main duties and responsibilities of the volunteer: -Helping to maintain the plants/bushes in the garden - Helping to maintain and plant up containers - Watering flowers, gardens, lawns and vegetables patches - Helping to maintain and plant vegetable boxes - as required - General gardening maintenance (this could include lawn mowing depending on location).

Fundraising / Events / Campaigning

Community Representative The Children's Air Ambulance Barnet [BNT 1303] Help us to keep hope alive today! Volunteer with us and help us spread awareness for our vital life-saving service. Do you like attending events and speaking to the general public. We will give you all the training you need.

Fundraising Officer NCT Barnet [BNT 1313] We are looking for a motivational person to coordinate the NCT Barnet branch's fundraising activities to ensure that we can continue to provide the best support to the parents of Barnet.

Fundraising Assistant Sangam Edgware [BNT 1288] A creative and enthusiastic individual is needed to work alongside the Executive Director on some fundraising projects. Sangam is fundraising for the creation of a wellbeing hub and developing a number of innovative and exciting campaigns to engage donors, businesses etc. This is a great opportunity to refine your communication, management and interpersonal skills in a well-respected organization. The volunteer will:- Identify Suitable grants, income streams and present idea for fundraising event-Complete grant applications and design campaign flyers-Design online

campaigns using social media-Carry out general administration e.g. mail outs etc.-Carry out research and analyse data for applications or reports to fundraiser.

Fundraising Group Member Marie Curie Cancer Care [BNT 1304] The role will include building relationships in the local community with shops/organisations, meeting prospective new members, assisting with coming up with new ideas for the fundraising group to raise money, helping put on events and other activities.

Hosting

Short-term Host - Cultural Exchange Days HOST UK Homebased [BNT 1218] Volunteer hosts needed to invite students to visit for a day so the student can experience 'real' Britain, away from university and heavy tourism, and so the host can meet new people and learn about diverse cultures from around the world. Volunteers can choose how often they host, how many people they invite (individuals, pairs or families) and if they would like to meet someone from a specific country.

Short-term Host (Cultural Exchange Weekends) HOST UK Homebased [BNT 1217] Make the world a little friendlier! Spend a weekend with an adult international student, learning about their culture, showing them your local area and inviting them to experience your own home life. Volunteer hosts invite students to stay so the student can experience 'real' Britain, away from university and heavy tourism, and so the host can meet new people and learn about diverse cultures from around the world.

Library Jobs

Toy Library Assistant Barnet Lone Parent Centre East Finchley [BNT 1331] Come and help us run our community toy library. It's fun and easy to do and you will make a lot of children very happy. You will set out the toys and help parents select appropriate toys for their child. We check that the toys have been returned in working order and hire fees have been paid. We are a small friendly team.

Assistant Workshop Leader Eastside Educational Trust Shoreditch [BNT 1300] We are looking for Assistant Workshop Leader Volunteers wishing to gain experience in workshop facilitation, working with young people or in a specific art form will accompany Eastside's creative practitioners into schools to assist with the facilitations of our current projects.

Community Coach Homestart Barnet Across the Borough [BNT 1128] We are looking for volunteers to train as Community Coaches to engage and support hard to reach individuals/families who are experiencing multiple disadvantages that result in a chaotic lifestyle.

Financial Capability Trainer Citizens Advice Barnet [BNT 1349] CAB is looking for a volunteer to develop and deliver financial education, in small group sessions, to a variety of community audiences. Understanding the basics of money management, and of the skills and confidence required to manage money effectively is needed.

Hosts- Short-term Hosts (Cultural Exchange Weekends) HOST UK Homebase, [BNT 1217] Make the world a little friendlier! Spend a weekend with an adult international student, learning about their culture, showing them your local area and inviting them to experience your own home life.

Hosts- Short-term Hosts (Cultural Exchange Days) HOST UK Homebase, [BNT 1218] Make the world a little friendlier! Spend a day with an adult international student, learning about their culture, showing them your local area and inviting them to experience your own home life.

IT Tutor Peabody trust East Finchley [BNT 863] Use your IT knowledge to help older people and take the lead in projects in your community. Giving 2 hours a week to Net Worx (part of Peabody) can help you develop your communication and leadership skills, meet new people and enhance your CV.

Online Skills Trainer Royal National Institute of Blind People (RNIB) London [BNT 1301] Would you like to help people, with sight loss, explore the options of getting online? Could you share your knowledge and enthusiasm to help people engage with technology? You will show people how to use a computer, tablet or smart phone to get online, deliver group training and demonstrations and visit people in their home and other local venues to help them with basic online skills.

Peer Group Facilitator Eclipse Grahame Park [BNT 1296] You will be working as a volunteer facilitator for a group of Barnet residents that have lived experience of mental health problems. Each group has a

different focus; however the role of facilitator has universal responsibilities across the board. Greeting all the members, making them feel welcome and getting them to sign the attendance sheet.

Reading Helper Beanstalk Finchley [BNT 1310] Would you like to make a difference to a child's reading ability and their overall attainment in school? A Beanstalk reading helper is a volunteer who is trained and supported by Beanstalk. Reading helpers work with children on a one-to-one basis, giving them consistent support to practice reading skills and increase confidence and self-esteem. Each helper supports three children, seeing each for two 30 minute sessions a week in school. With the emphasis on having lots of fun, together they read, play games and talk. We will place you in a school in your local area which you can reach either by car or public transport.

Maintenance

Volunteer Technician Jewish Deaf Association North Finchley [BNT 1342] JDA runs a number of services for deaf and hard of hearing people, aimed at reducing loneliness and isolation. There is a real need to provide basic hearing aid maintenance in care homes as most residents are unable to visit audiologists. These elderly people will have mobility difficulties, possible dementia as well as hearing loss. We need positive and cheerful volunteers to provide basic hearing aid maintenance and also some companionship. You'll be ensuring that elderly people with hearing loss will be able to engage in activities and get the most out of their hearing.

Marketing / PR / Media

Youth Participation Officer Nutmeg Community Edgware / Burnt Oak [BNT 1287] As a community reporter you'll be involved in interviewing community members about local issues and shooting video news reports, photographing significant community events or blogging about the issues that matter to the residents of Barnet.

Pets / Animals

Short Term Fostering of Pets The Cinnamon Trust Across the Borough of Barnet [BNT 914] Volunteer required to foster a pet in their own home, looking after the animal whilst the elderly owner is in respite care. Times and length of stay will be arranged by prior agreement. Food, bedding etc. will be provided by the owner so the volunteer will not be out of pocket.

Research

Research Coordinator 28 Too Many Barnet [BNT 1295] To coordinate 28 Too Many's country mapping process and to develop and coordinate an on-going research programme. Each project involves managing approximately six research volunteers (based in the UK or overseas). The ability to research and write to a high standard and work effectively with both the Research Project Manager and Lead Editor to bring together the reports and see them through to publication is essential in this role.

Retail

Book Specialist Oxfam Finchley [BNT 1354] Oxfam Finchley is looking for someone to join their book team, helping out with a range of tasks including: sorting, organizing and pricing books, as well as checking valuable books.

Retail Shop Volunteer The Children's Air Ambulance Barnet [BNT1302] The Children's Air Ambulance is a dedicated paediatric helicopter emergency transfer service and we need your support. We need Retail/Customer Service volunteers to help in our new shop in Barnet. No specific skills are required – training given.

Shop Assistant Norwood (HA8) Burnt Oak [BNT 509] We are seeking a reliable person who will be part of a friendly team to assist the Manager in all aspects of running a retail shop. Full training will be provided.

Shop Assistant Norwood (NW11) (84 GG) Golders Green [BNT 507] We are seeking a reliable person who will be part of a friendly team to assist the Manager in all aspects of running a retail shop. Full training will be provided.

Shop Assistant Norwood (NW11) (87GG) Golders Green [BNT 506] We are seeking a reliable person who will be part of a friendly team to assist the Manager in all aspects of running a retail shop. Full training will be provided.

Shop Assistant Norwood (N14) Southgate [BNT 508] We are seeking a reliable volunteer who will be part of a friendly team to assist the Manager in all aspects of running a retail shop. Full training will be provided. Minimum time commitment - 4 hours a week.

Stock Collector Assistant PDSA Across Barnet [BNT 909] We are seeking reliable people to assist the PDSA Stock Collection team in distributing and collecting of sacks to private homes, returning at a later date to collect donated goods and re- distribute to stores within Barnet.



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